

## Jing Si Aphorisms, Volume One

Written by Tzu Chi Foundation  
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[Jing Si Aphorisms](#) , Volume One (then called Still Thoughts) was first published in 1996. The Jing Si series volumes succinctly and directly penetrate the heart of the Dharma to offer guidance for life in these modern times. Each short saying carries deep wisdom that leads readers to reflect and engage the Buddha’s teachings in their daily lives. The second part collects the common doubts and worries the general public holds; Dharma Master Cheng Yen answers these life questions with Dharma’s wisdom.

Jing Si Aphorisms, Volume I is followed by two additional volumes, as well as several aphorism collections in books and other formats. The Aphorisms have been translated into as many as eighteen languages, making their concise wisdom accessible to people the world over. In recent years, Tzu Chi volunteers in several countries have even gone out to share these sayings with their communities by hanging Jing Si Aphorism posters in shops and donating copies of books to libraries, hotels, and prisons.

As Tzu Chi’s fiftieth anniversary approaches (as well as the twentieth anniversary of this volume), we have revised several of the aphorism translations to ensure that the English aphorisms meet the clarity and quality standards that Master Cheng Yen has always intended. We hope that you will find wisdom and inspiration in these pages that will benefit your life and the lives of those around you.

### Details

Author □ Shih Cheng Yen  
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